



Spring Term

# Ellesmere Primary School

Weekly Newsletter 04.05.2018



## Important Dates

### May

Tuesday 7<sup>th</sup> – Friday 18<sup>th</sup> – Year 2 SATs

Monday 14<sup>th</sup> – Friday 18<sup>th</sup> – Year 6 SATs

Monday 21<sup>st</sup> – Friday 25<sup>th</sup> – Walk to School Week

Monday 21<sup>st</sup> – KS1 Sports Day (details to follow)

Wednesday 23<sup>rd</sup> May – Nursery Sports Day (details to follow)

Thursday 24<sup>th</sup> – Lower KS2 Sports Day (details to follow)

Friday 25<sup>th</sup> – Upper KS2 Sports Day (details to follow)

Friday 25<sup>th</sup> – Good to be Green

Lunch Menu Week 3

Please explore our website and twitter for news and events at Ellesmere Primary School  
<http://ellesmereprimaryschool.org.uk/>  
<https://twitter.com/EllesmerePS>



## A message from our Headteacher

Wellbeing Week has been a great success. The children have embraced the theme of the week and have enjoyed finding new ways to relax, focus and manage their feelings. These are skills that are not only enjoyable to learn, they are vital in today's society. The children have taken part in meditation and yoga; learnt how to regulate their breathing to relieve anxiety, and explored the things that make them happy and sad. This is only the start of our wellbeing journey, as it is something that we will continue to teach and use in school for a long time to come.

Thank you to all of the Year 2 staff for giving those children a fantastic time at Kingswood this week. The children get so much from this type of residential experience. It really builds their confidence and resilience as well as building stronger bonds with their friends and teaching staff. All of this means that children are better able to overcome the challenges they face back in the classroom and throughout their lives. Sometimes children don't want to attend residential trips. However, it is usually these children who would benefit from them the most. It was fantastic that the whole of Year 2 attended this week. If you ever have any concerns about your child attending a residential, please come and speak to me or their class teacher. As we will do everything we can to support you and your child to get the most from these unique experiences.

Mobile phones - It has come to our attention that some children are bringing mobile phones into school and keeping them in their bags. Mobile phones MUST be handed in to the office on arrival in school and can be collected at the end of the day. This is an important part of the way that we safeguard the wellbeing of children and staff in school. Not only are mobile phones extremely distracting, they can also be used to cause distress and upset to others. If you know that your child carries a mobile phone to and from school, please remind them that they need to leave it with the office.

Fingers crossed that the weather continues to brighten up over this long weekend. See you, refreshed and relaxed on Tuesday morning,

Mr Roberts

## JOIN US FOR WALK TO SCHOOL WEEK: 21-25 MAY 2018

Walk to School Week, taking place each May, is a country-wide celebration of walking. In 2017 400,000 children and their families joined the challenge and got a taste of the many benefits the simple act of walking can bring. We'd love for all our parents and carers to get involved because walking to school isn't only fun it's healthy too!

For more information on Living Streets, the UK charity for everyday walking visit

[www.livingstreets.org.uk](http://www.livingstreets.org.uk)



# Royal Wedding



We are delighted to confirm we will be having a celebration at school to honour the wedding of Prince Harry and Meghan Markle. There will be an assembly next week to inform the children about this special occasion and more information will be sent out in next week's newsletter to confirm the details.



## Achievements

Fantastic achievement for Seb and Josh (Nursery). Seb has achieved an award for Green Tiger in Tae Kwando and Josh has been awarded a certificate in Ducklings 4 swimming. Keep up the great work boys!



## Reminder: PE Kits



Please make sure your children have the correct kit and equipment in school at all times. Particularly, on these lovely hot days, the children should have a water bottle that they can take out during PE lessons, and the appropriate kit for the activity they are taking part in. Please also ensure if your child needs an inhaler they must have one in school especially for PE.

## After School Clubs

Please note there will be no after school clubs on Thursday 24<sup>th</sup> May. This includes:

JuJitsu  
Craft Club

**KS1 Football will be running as normal.**

Merekats will also be running as normal

Please note refunds will be processed during the course of next week.

## Understanding Your Child Course



We would love to try and fit in an Understanding Your Child course this term. However we will need to move quickly to get this to fit in. Sorry for the short notice ! If we have enough people to allow this to happen, we have decided to run the course on a Tuesday afternoon starting May 8th at 3.15pm.

School would be happy to discuss arrangements for children who need childcare to attend Merekats during these sessions. Please speak to Mrs Powell.

The course will be for 9 weeks and each sessions last for 2 hours, it's free and refreshments are provided. You will learn:

- An understanding of children's behaviour within the context of development.
- The development of parent/child relationship.
- Increase the confidence and self-esteem in both parent and children.
- Giving parents a strategy for repair when things go wrong.
- Reflective, sensitive & supportive parenting.



Please contact me as soon as possible if you would like to know more or join us for this amazing course. Please email I Mrs Powell - [powell.s@ellesmere-pri.shropshire.sch.uk](mailto:powell.s@ellesmere-pri.shropshire.sch.uk) to book a place. Everyone is welcome !!

# Achievements



Miley (Brisbane), member of the Border Counties School of Gymnastics, recently competed in a competition at Oswestry, coming 5th in the Vault and Floor routine. Great achievement!



Well done to Max (Wales) who recently completed the Blue Tiger Tae Kwon-Do program and passed the required graduation at the Family Martial Arts Centre.



Lilly (Istanbul) recently took part in a 'Finish for Matt' 3.7mile run in memory of Matt Campbell who sadly died after collapsing 22.5 miles into the London Marathon. Well done Lilly.



Millie Humphreys (LA) recently took part and completed the 2018 Swimathon at Oswestry, raising money for Cancer Research UK. Well done Millie.



Well done to Lucy, George, Katie, Georgia, Ryan and Daniel who took part and completed the Chester 2018 Half Marathon. Fantastic achievement!



Well done to the Year 5/6 Dodgeball team who came 2nd in a tournament held at The Marches School, Oswestry. Well played!

# Shining Stars

Scotland – Lottie

Wales – Sam

Madrid – Delila

Paris – Jessica

Athens –

Lisbon -

Brisbane – Miley



Sydney – Korey

Los Angeles – Millie

Washington –Tia

Istanbul - Roxy

Moscow – Christopher

Vancouver – Finley

Tokyo - Katie